

ELLINGTON TOWN CRIER

A SENIOR CENTER NEWSLETTER

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TELEPHONE
870-3133

AUGUST 2005

Greetings from the Director,
We have just received some great news!
North Central Area Agency on Aging has awarded the Senior Center another transportation grant to continue the Ellington Medical Appointment Transportation Services program (EMATS) for October 1, 2005 through September 30, 2006! This program is funded in part by the Older Americans Act through North Central Area Agency on Aging. **This year's fundraiser, "Harvest Moon Revue" is well on its way to the performance night on October 15. It is not too late for individuals to contribute to our Patron List in the program. Ticket Kick-off is Saturday, August 20 at Ellington Supermarket. For more details about ticket sales and Patron List, please refer to the Harvest Moon Revue Section.** We have been working so diligently in preparation for this variety show that I thank all the volunteers who have been so extremely helpful!

Blessings to all...

Sincerely,

Erin R. Graziani



OUT TO LUNCH:

Date: Aug 2, 2005

Time: Noon

Restaurant: The Skyline

Access Town Crier News
& Calendar -Town's website:
www.ellington-ct.gov click "Our
Town News" (blue column),
select "newsletter, select "Senior
Center"

Musical Insights

The Musical Insights
program will be taking a
summer Hiatus....



Ellington Senior Center
16 Church Street

Monday: 8:30 am to 6:00 pm
Tues-Thurs: 8:30 am to 4:00 pm
Friday: 8:30 am to 1:30 pm

HARVEST MOON REVUE VARIETY SHOW

Show Date: October 15
7:30 p.m.

Ellington High School
Auditorium

Harvest Moon Revue Updates:

Ticket & Bake Sale
Harvest Moon Revue
Show Tickets on Sale
Saturday, August 20 at the
Ellington Supermarket from
9:00 a.m. to 4:00 p.m.
Tickets cost \$8.00/person



DEADLINE DATE: AUG 15

For your name to be added to the
Patrons' List in our Harvest
Moon Revue Program...Donations
of \$10.00 or more accepted by
mailing a check along with how
you would like your name to
appear in the program. **Checks**
payable to: HMR-SCAF and mail
to: Ellington Senior Center, P.O.
Box 187, Ellington CT 06029

VAN NEWS: Please sign-up for transportation
with the Receptionist, if you wish to take the van.



To reserve a ride, please call (870-3133) at least 3 business days in
advance. First time riders, must fill out "Intake" form prior to your ride.

Ellington Medical Transportation Services (EMATS)

Transportation services for non-emergency medical appointments for Ellington
residents. For reservations call Senior Center Director, Erin Graziani at
870-3133 **at least 2 weeks in advance. Program is funded in part by the**
Older Americans Act through the North Central Area Agency on Aging.

FRIENDSHIP CLUB-Meeting Dates: Fridays at 10: 30 a.m.
August 12 and December 9. See Noreen for details.

MEMORIES & CREATIVE WRITING

Meetings take place at the
Senior Center
August 15, 2005
6:00-7:30 p.m.

HEALTH & WELLNESS NEWS**Blood Pressure Clinics and Diabetic Screening:**

- ⇒ Blood pressures **2nd & 4th Tuesday** from
- ⇒ 1:30-3:00 p.m.
- ⇒ Diabetic Screenings are taken on the
- ⇒ **4th Tuesday.**

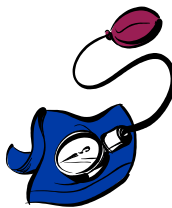
Tai Chi Sword, 24 and Fan: Every Monday beginning with Sword at 10:45 a.m., followed by 24 and Fan at 11:30 a.m. Cost: \$3.00 for residents; \$4.00 for non-residents. Ed Evans, Instructor. **We wish our Tai Chi classes good luck at the Tournament on August 6**

Dancing:

Line Dancing: Mondays from 1:30-3:00 p.m., to resume in Sept.

Oberek, Advanced Polka, Waltz and Line Dances and Ballroom Dancing : Enjoy a Summer Hiatus!!

Harvest Moon Revue Dance Classes will be held at certain times throughout the Summer. Classes will be posted at the Senior Center.

**VETERAN'S NEWS:**

The American Legion Auxiliary members bring lap robes (size 40x80) to the V. A. Hospital. Anyone who would like to make a robe for the Vets, please contact Erin at the Senior Center. (870-3133)

Veteran Contacts:

VFW– Jim Stemmerman, Commander @ 872-3446 or Services Officer Morris Webber @ 875-2613
American Legion– Leonard Johnson Services Officer @ 871-1498
State Representative Ted C. Graziani @ 240-8531

**THE BOOK CLUB**

Tuesday, August 16:
The Mermaid Chair by Sue Monk Kidd
September 20:
1776 by David McCullough
At the Senior Center at 11:30 a.m.

HYPERTENSION

Courtesy of Home & Community Health Care

Thursday, August 18, 2005

10:00 –11:00 a.m.

**At the Senior Center
in the Billiard Room**

Presented by Tricia Clark

**Please sign –up by 8/11
Van transportation available with a 3 day notice.**

The Better Age Singers

Every Wednesday beginning
on Sept. 7 from 10:30-11:30

At the Senior Center;
rehearsing for Harvest Moon Revue Show
in October.

BOCCE-SNIPSIC VILLAGE

EVERY WEDNESDAY

10:30 A.M.

CONTACT: Mary Bertelsen at the Senior Center

Parking at Snipsic Village in the front parking lot. Please do not park on sides near bocce court, or you may carpool from the Senior Center.

LEARN TO READ MUSIC

Every Wednesday

10:30 a.m.

Mary Regan, Volunteer Instructor

PIANO MUSIC

Music of the '40's

Thursday, August 11, 2005

2:00-4:00 p.m.

Maryann E. Allcroft pianist
Iced Tea & Cookies served

Van transportation available, please call at least 3 days in advance.

MOVIES OR MALL:

Moviegoers: That Night in Rio starring Alice Faye, Don Ameche and Carmen Miranda. **Tues. Aug 9** ~ Showtime 1:00 p.m. Cost \$1.00 includes admission, popcorn and soda.
Or, if you prefer, shop and browse at the Mall and area. **Van transportation available.**





CARDS AND GAMES

The Bridge Players: Tuesdays @ 9:15 a.m.; see Pat Szemplinski or Rosemary Malatesta.

Evening Cards: Setback: Tuesdays & Saturdays at 7:00 **Pinochle— Double Deck Pinochle:** Every Friday at 7:00 p.m., See Bob Karlowicz.

Games Night: The first Monday of every month @ 6pm; see Joan Randall.

Mahjonn: Come join in the fun! Every Monday @ 3pm and every Friday @ 10:00 a.m., see Sylvia Kravitz.



THE CRAFTY CORNER

Lucille's Knitting: Will resume in September.

Rose Parent's Sew & So: 1st and 3rd Thursday @ 9:30 a.m.



Carolyn's Crafts: 2nd and 4th Thursday @ 10:00 a.m.

Denise's Block Style Knit: Please check calendar throughout the Summer for specific dates.

Scrapbooking: 1st Thursday @ 2pm



ELDERLY OUTREACH SERVICES: Contact Anna Turner, @ 870-3131 for information on programs and services for residents age 60 and older. Renter's Rebate program for residents age 65 and older may be eligible for a rebate from the State. if you have been a tenant in 2004 call Anna for an appointment. Program runs from May through September. **SOCIAL SECURITY /LOW INCOME SUBSIDITY PROGRAM at the Senior Center on Wednesday, August 31 at 9-11 a.m., as a courtesy please sign-up either at the Senior Center or by calling Anna Turner at 870-3131 before 8/22.**

Trips 2005

A non-refundable \$10.00 deposit is required at sign-up for all trips. If a deposit is not made, you will be placed on the waiting list. A "Medical Waiver" form for 2005 (gold color) is required. **New as of Aug. 1, 2005: Payments will be received daily at the Senior Center. Tuesday and Wednesday from 2:00—3:30 p.m, will be designated only at deadline dates for that particular trip.**

Parking available at Town Hall for bus pick-up and drop off (at Maple St. entrance). Please be at the pick-up site 15 minutes before departure time posted on each trip. For more information on the trips, call the Senior Center (870-3133).

We're Going to the Dogs: Sunday, August 14; leave at 9:00 a.m. and return approximately 7:00 p.m. Join us on a trip to New Hampshire and Hinsdale Greyhound Park for a Sunday afternoon! Package includes roundtrip motor coach, clubhouse admission, race program, buffet luncheon and drivers' gratuity. Cost: \$44.00/person. **PLEASE NOTE CLUBHOUSE IS AIRCONDITIONED!!!**

Myrtle Beach "Showtime": Saturday, September 10—Friday, September 16; Ocean Front Hotel, Charlestown and Musical Shows, Dolly Parton's Dixie Stampede, Silver Fox motor coach. Tour Cost: \$700.D, \$680.T, \$830.S

Comedy Casino—The Carl Hurley Show: Tuesday, November 15, 2005; down-home humor of Carl Hurley, The Charlie Prose of the South. His upbeat outlook has carried him from a two-room backwoods cabin in Kentucky to the Grand Olde Opry Stage. Itinerary 10 am arrival at Garde Arts Center, for the show. Noon arrival at Mohegan Sun Casino, full buffet, casino bonus* \$10 in free play coupons, subject to change. Depart from Town Hall parking lot at 8:30 am and return approximately at 6:30 p.m. Cost \$40.00/person.

ATLANTIC CITY JANUARY 2006 IS IN THE WORKS...MORE INFO. TO COME!!!